

Thomas Robert Malthus, Essay on Population 1807

(Thomas Robert Malthus, *An Essay on the Principle of Population*, 1807, 4th. ed., pp. 1-29; in J. F. C. Harrison, ed., *Society and Politics in England, 1780-1960*, New York: Harper & Row, 1965, pp. 15-21. First published in 1798, Rev. Malthus' writings on population were at the center of demographic, economic, political and social debates in the 19th century.)

Book 1.

Of The Checks To Population In The Less Civilised Parts Of The World And In Past Times.

Chapter I.

Statement of The Subject. Ratios of The Increase Of Population And Food.

IN an inquiry concerning the improvement of society, the mode of conducting the subject which naturally presents itself, is-

1. To investigate the causes that have hitherto impeded the progress of mankind towards happiness; and,

2. To examine the probability of the total or partial removal of these causes in future.

To enter fully into this question, and to enumerate all the causes that have hitherto influenced human improvement, would be much beyond the power of an individual. The principal object of the present essay is to examine the effects of one great cause intimately united with the very nature of man; which, though it has been constantly and powerfully operating since the commencement of society, has been little noticed by the writers who have treated this subject. The facts which establish the existence of this cause have, indeed, been repeatedly stated and acknowledged; but its natural and necessary effects have been almost totally overlooked; though probably among these effects may be reckoned a very considerable portion of that vice and misery, and of that unequal distribution of the bounties of nature, which it has been the unceasing object of the enlightened philanthropist in all ages to correct.

The cause to which I allude, is the constant tendency in all animated life to increase beyond the nourishment prepared for it.

It is observed by Dr. Franklin, that there is no bound to the prolific nature of plants or animals but what is made by their crowding and interfering with each other's means of subsistence. Were the face of the earth, he says, vacant of other plants, it might be gradually sowed and overspread with one kind only, as, for instance, with fennel: and were it empty of other inhabitants, it might in a few ages be replenished from one nation only, as, for instance, with Englishmen.

This is incontrovertibly true. Throughout the animal and vegetable kingdoms Nature has scattered the seeds of life abroad with the most profuse and liberal hand; but has been comparatively sparing in the room and the nourishment necessary to rear them. The germs of existence contained in this earth, if they could freely develop themselves, would fill millions of

worlds in the course of a few thousand years. Necessity, that imperious, all-pervading law of nature, restrains them within the prescribed bounds. The race of plants and the race of animals shrink under this great restrictive law; and man cannot by any efforts of reason escape from it.

In plants and irrational animals, the view of the subject is simple. They are all impelled by a powerful instinct to the increase of their species, and this instinct is interrupted by no doubts about providing for their offspring. Wherever, therefore, there is liberty, the power of increase is exerted, and the superabundant effects are repressed afterwards by want of room and nourishment.

The effects of this check on man are more complicated. Impelled to the increase of his species by an equally powerful instinct, reason interrupts his career, and asks him whether he may not bring beings into the world for whom he cannot provide the means of support. If he attend to this natural suggestion, the restriction too frequently produces vice. If he hear it not, the human race will be constantly endeavouring to increase beyond the means of subsistence. But as, by that law of our nature which makes food necessary to the life of man, population can never actually increase beyond the lowest nourishment capable of supporting it, a strong check on population, from the difficulty of acquiring food, must be constantly in operation. This difficulty must fall somewhere, and must necessarily be severely felt in some or other of the various forms of misery, or the fear of misery, by a large portion of mankind.

That population has this constant tendency to increase beyond the means of subsistence, and that it is kept to its necessary level by these causes, will sufficiently appear from a review of the different states of society in which man has existed

It may safely be pronounced . . . that population, when unchecked, goes on doubling itself every twenty-five years, or increases in a geometrical ratio.

It may be fairly pronounced . . . that, considering the present average state of the earth, the means of subsistence, under circumstances the most favourable to human industry, could not possibly be made to increase faster than in an arithmetical ratio.

The necessary effects of these two different rates of increase, when brought together, will be very striking

Chapter II.

General Checks To Population, And The Mode Of Their Operation

The ultimate check to population appears then to be a want of food, arising necessarily from the different ratios according to which population and food increase. But this ultimate check is never the immediate check, except in cases of actual famine.

The immediate check may be stated to consist in all those customs, and all those diseases, which seem to be generated by a scarcity of the means of subsistence; and all those causes, independent of this scarcity, whether of a moral or physical nature, which tend prematurely to weaken and destroy the human frame.

These checks to population, which are constantly operating with more or less force in every society, and keep down the number to the level of the means of subsistence, may be classed under two general heads—the preventive and the positive checks.

The preventive check, as far as it is voluntary, is peculiar to man, and arises from that distinctive superiority in his reasoning faculties which enables him to calculate distant consequences. The checks to the indefinite increase of plants and irrational animals are all either positive or, if preventive, involuntary. But man cannot look around him, and see the distress which frequently presses upon those who have large families; he cannot contemplate his present possessions or earnings, which he now nearly consumes himself, and calculate the amount of each share, when with very little addition they must be divided, perhaps, among seven or eight, without feeling a doubt whether, if he follow the bent of his inclinations, he may be able to support the offspring which he will probably bring into the world. In a state of equality, if such can exist, this would be the simple question. In the present state of society other considerations occur. Will he not lower his rank in life, and be obliged to give up in great measure his former habits? Does any mode of employment present itself by which he may reasonably hope to maintain a family? Will he not at any rate subject himself to greater difficulties, and more severe labour, than in his single state? Will he not be unable to transmit to his children the same advantages of education and improvement that he had himself possessed? Does he even feel secure that, should he have a large family, his utmost exertions can save them from rags and squalid poverty, and their consequent degradation in the community? And may he not be reduced to the grating necessity of forfeiting his independence, and of being obliged to the sparing hand of charity for support?

These considerations are calculated to prevent, and certainly do prevent, a great number of persons in all civilised nations from pursuing the dictate of nature in an early attachment to one woman.

If this restraint do not produce vice, it is undoubtedly the least evil that can arise from the principle of population. Considered as a restraint on a strong natural inclination, it must be allowed to produce a certain degree of temporary unhappiness; but evidently slight, compared with the evils which result from any of the other checks to population; and merely of the same nature as many other sacrifices of temporary to permanent gratification, which it is the business of a moral agent continually to make.

When this restraint produces vice, the evils which follow are but too conspicuous. A promiscuous intercourse to such a degree as to prevent the birth of children, seems to lower, in the most marked manner, the dignity of human nature. It cannot be without its effect on men, and nothing can be more obvious than its tendency to degrade the female character, and to destroy all its most amiable and distinguishing characteristics. Add to which, that among those unfortunate females with which all great towns abound, more real distress and aggravated misery are, perhaps, to be found, than in any other department of human life.

When a general corruption of morals, with regard to the sex, pervades all the classes of society, its effects must necessarily be to poison the springs of domestic happiness, to weaken

conjugal and parental affection, and to lessen the united exertions and ardour of parents in the care and education of their children; -effects which cannot take place without a decided diminution of the general happiness and virtue of society; particularly as the necessity of art in the accomplishment and conduct of intrigues, and in the concealment of their consequences, necessarily leads to many other vices.

The positive checks to population are extremely various and include every cause, whether arising from vice or misery, which in any degree contribute to shorten the natural duration of human life. Under this head, therefore, may be enumerated all unwholesome occupations, severe labour and exposure to the seasons, extreme poverty, bad nursing of children, large towns, excesses of all kinds, the whole train of common diseases and epidemics, wars, plague, and famine.

On examining these obstacles to the increase of population which are classed under the heads of preventive and positive checks, it will appear that they are all resolvable into moral restraint, vice, and misery.

Of the preventive checks, the restraint from marriage which is not followed by irregular gratifications may properly be termed moral restraint.*

Promiscuous intercourse, unnatural passions, violations of the marriage bed, and improper arts to conceal the consequences of irregular connections, are preventive checks that clearly come under the head of vice.

Of the positive checks, those which appear to arise unavoidably from the laws of nature, may be called exclusively misery; and those which we obviously bring upon ourselves, such as wars, excesses,, and many others which it would be in our power to avoid, are of a mixed nature. They are brought upon us by vice, and their consequences are misery.**

The sum of all these preventive and positive checks, taken together, forms the immediate check to population; and it is evident that, in every country where the whole of the procreative power cannot be called into action, the preventive and the positive checks must vary inversely as each other; that is, in countries either naturally unhealthy, or subject to a great mortality, from whatever cause it may arise, the preventive check will prevail very little. In those countries, on the contrary, which are naturally healthy, and where the preventive check is found to prevail with considerable force, the positive check will prevail very little, or the mortality be very small.

In every country some of these checks are, with more or less force, in constant operation; yet, notwithstanding their general prevalence, there are few states in which there is not a constant effort in the population to increase beyond the means of subsistence. This constant effort as constantly tends to subject the lower classes of society to distress, and to prevent any great permanent melioration of their condition.

These effects, in the present state of society, seem to be produced in the following manner. We will suppose the means of subsistence in any country just equal to the easy support of its inhabitants. The constant effort towards population, which is found to act even in the most vicious societies, increases the number of people before the means of subsistence are increased. The food, therefore, which before supported eleven millions, must now be divided among

eleven millions and a half. The poor consequently must live much worse, and many of them be reduced to severe distress. The number of labourers also being above the proportion of work in the market, the price of labour must tend to fall, while the price of provisions would at the same time tend to rise. The labourer therefore must do more work to earn the same as he did before. During this season of distress, the discouragements to marriage and the difficulty of rearing a family are so great, that the progress of population is retarded. In the meantime, the cheapness of labour, the plenty of labourers, and the necessity of an increased industry among them, encourage cultivators to employ more labour upon their land, to turn up fresh soil, and to manure and improve more completely what is already in tillage, till ultimately the means of subsistence may become in the same proportion to the population as at the period from which we set out. The situation of the labourer being then again tolerably comfortable, the restraints to population are in some degree loosened; and, after a short period, the same retrograde and progressive movements with respect to happiness are repeated. . .

But without attempting to establish . . . progressive and retrograde movements in different countries, which would evidently require more minute histories than we possess, and which the progress of civilisation naturally tends to counteract, the following propositions are intended to be proved: -

1. Population is necessarily limited by the means of subsistence.
2. Population invariably increases where the means of subsistence increase, unless prevented by some very powerful and obvious checks.
3. These checks, and the checks which repress the superior power of population, and keep its effects on a level with the means of subsistence, are all resolvable into moral restraint, vice, and misery.

The first of these propositions scarcely needs illustration. The second and third will be sufficiently established by a review of the immediate checks to population in the past and present state of society.

This review will be the subject of the following chapters.

* It will be observed, that I here use the term moral in its most confined sense. By moral restraint I would be understood to mean a restraint from marriage from prudential motives, with a conduct strictly moral during the period of this restraint; and I have never intentionally deviated from this sense. When I have wished to consider the restraint from marriage unconnected with its consequences, I have either called it prudential restraint, or a part of the preventive check, of which indeed it forms the principal branch.

In my review of the different stages of society, I have been accused of not allowing sufficient weight in the prevention of population to moral restraint; but when the confined sense of the term, which I have here explained, is adverted to, I am fearful that I shall not be found to have erred much in this respect. I should be very glad to believe myself mistaken.

** As the general consequence of vice is misery, and as this consequence is the precise reason why an action is termed vicious, it may appear that the term misery alone would be here

sufficient, and that it is superfluous to use both. But the rejection of the term vice would introduce a considerable confusion into our language and ideas. We want it particularly to distinguish those actions, the general tendency of which is to produce misery, and which are therefore prohibited by the commands of the Creator, and the precepts of the moralist, although, in their immediate or individual effects, they may produce perhaps exactly the contrary. The gratification of all our passions in its immediate effect is happiness, not misery; and, in individual instances, even the remote consequences (at least in this life) may possibly come under the same denomination. There may have been some irregular connections with women, which have added to the happiness of both parties, and have injured no one. These individual actions, therefore, cannot come under the head of misery. But they are still evidently vicious, because an action is so denominated which violates an express precept, founded upon its general tendency to produce misery, whatever may be its individual effect; and no person can doubt the general tendency of an illicit intercourse between the sexes to injure the happiness of society.